

## TECHNIQUE GUIDE



**1**  
Place protective eyewear and clothing on yourself and the patient. Check to see that the syringes are securely attached before mixing. To mix, follow the instructions on the reverse side.



**2**  
Press all mixed gel into the RED syringe. Separate the two syringes and attach the Micro 20g FX tip onto the red syringe. Check the flow on a cotton gauze or mixing pad prior to applying it intraorally. If resistance is met, replace the tip and re-check the flow.



**3**  
Place Ultradent IsoBlock and self-supporting plastic cheek retractors. Completely rinse and air dry teeth.



**4**  
Securely attach a Micro 20ga tip to OpalDam Green and check flow. Express a continuous bead along the gingival margin, overlapping approximately 0.5mm onto the enamel. Begin and finish the bead one tooth beyond the most distal tooth that is being bleached, building the barrier 4–6mm high and 1.5–2.0mm thick. Express the resin through any open embrasures.



**5**  
Light cure the OpalDam Green resin barrier for 20 seconds per arch using a scanning motion. Carefully check the resin cure with an instrument.



**6**  
Apply a 0.5–1.0mm thick layer of Opalescence Boost 40% to the labial surface of the tooth and *slightly* onto the incisal/occlusal surfaces. Allow the gel to remain on the teeth for 20 minutes.



**7**  
Suction gel from teeth using the Luer Vac and SurgiTip or a surgical suction tip. Do not use water. Repeat steps 6–7 two times, or until desired results are achieved. Do not exceed 3 applications per visit.



**8**  
After the final application is complete and all visible gel is removed, thoroughly rinse the teeth.



**9**  
Gently slide the tip of a dental instrument beneath the OpalDam Green and lift it off. Check for and remove any interproximal remnants.



**10**  
Evaluate the shade change. If additional whitening is desired and no significant sensitivity is noted, re-schedule the patient in 3–5 days for repeat treatment or to dispense take-home whitening trays.



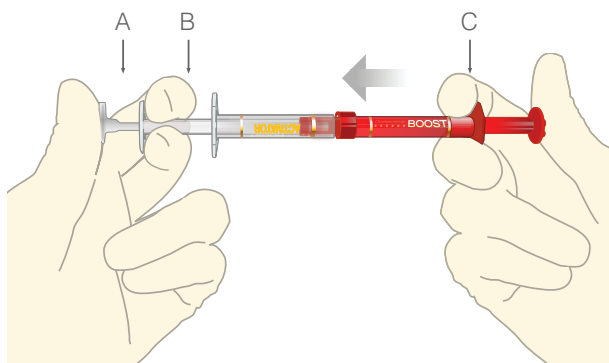
Photos courtesy of Ultradent. See IFU for complete instructions.

**800.552.5512** [ULTRADENT.COM](http://ULTRADENT.COM)

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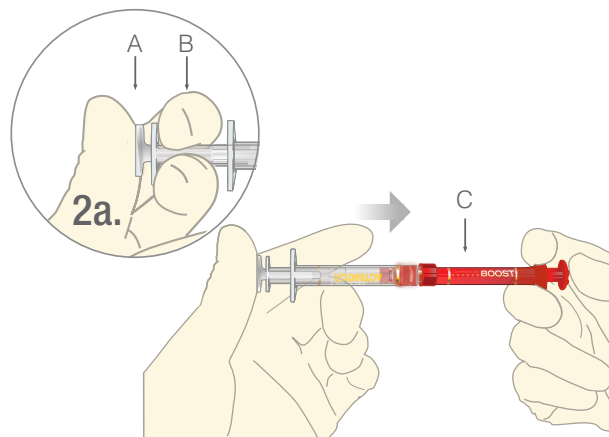
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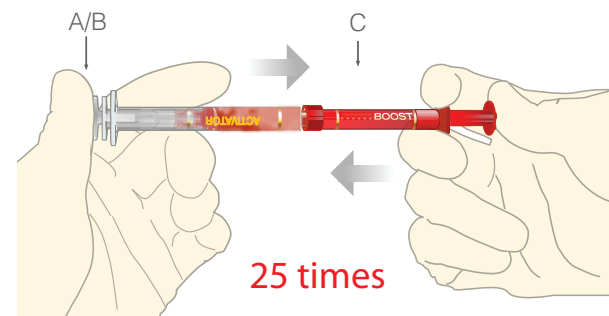
**1.**

Ensure both syringes are securely attached before proceeding. Press the plunger of the red syringe (C) in, pushing all contents into the clear syringe (B).



**2.**

Forcefully press the small clear stem (A) completely into the larger clear stem (B). See completed step in figure 2a. Then press the clear plunger (A/B) completely into the red syringe (C).



**3.**

To activate, continually press the chemical from the red syringe (C) into the clear syringe (A/B) with thumbs. Reverse action, and mix a minimum of 25 times rapidly (12-13 times each direction/side).